

Item 8: Education

Sara Faithfull

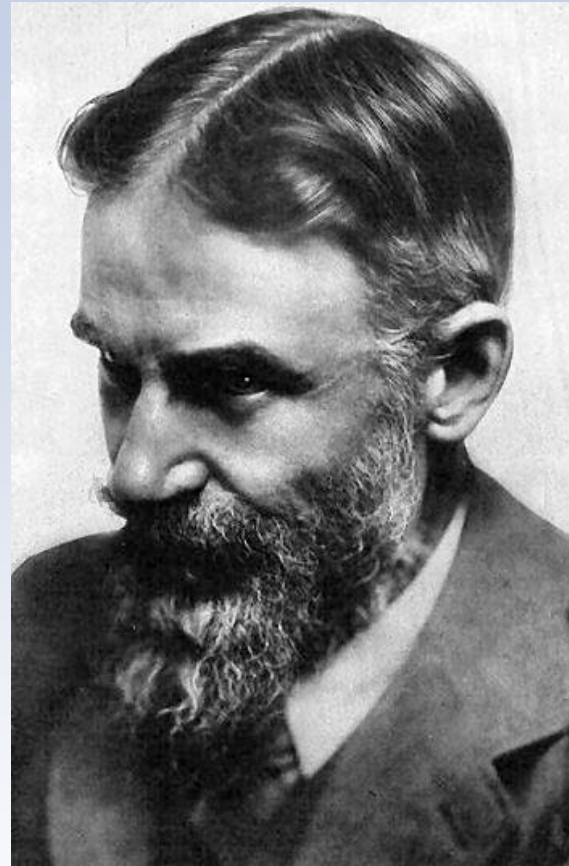


EONS Education: Realising your Potential

www.eonslearning.com



"I am not a teacher; only a fellow traveler of whom you asked the way. I pointed ahead – ahead of myself as well as of you."



George Bernard
Shaw

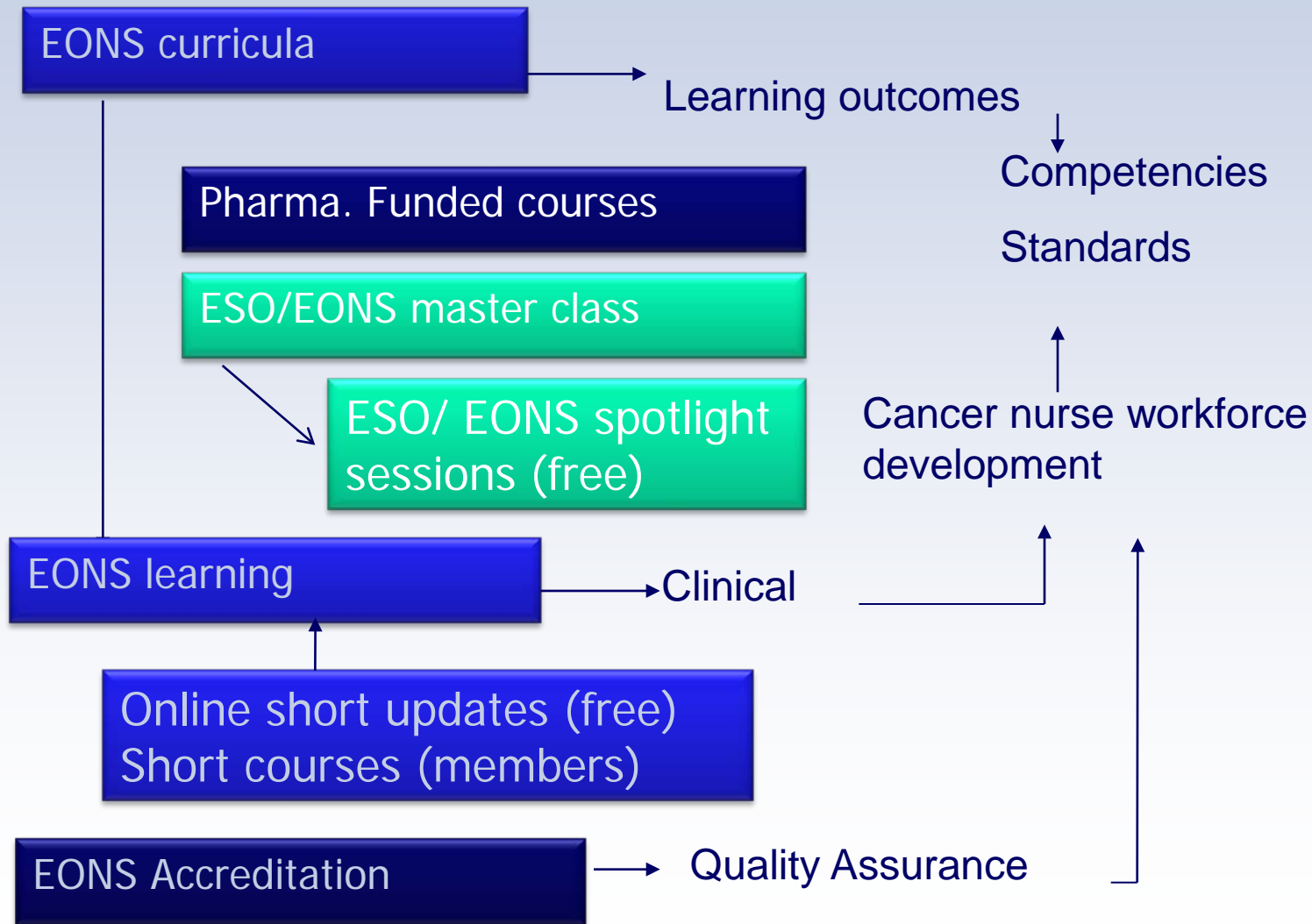


Aims of EONS e-learning

- Make more use of existing EONS events and conferences
- Offer education package to EONS members as added value of membership
- Focus on core discipline areas that are not covered elsewhere



Blended approaches to education



Self-study modules

- Two short self-study modules based on EONS events
 - Symptom clusters
 - Cultural diversities



Symptom clusters

You are logged in as [Steve Rowett](#) (Logout)

EONS LEARNING ► Symptom clusters

Switch role to... Turn editing on

Administration

- Turn editing on
- Settings
- Assign roles
- Grades
- Groups
- Backup
- Restore
- Import
- Reset
- Reports
- Questions
- Files
- Profile

Topic outline

- Welcome
 - [Welcome to this online seminar](#)
- Course materials and activities
 - [View seminar materials, videos and activities](#)
- Discussion boards
 - [Symptom clusters discussion forum](#)
 - [Planning for the future - my thoughts](#)
- Essay competition instructions and rules
 - [Essay competition instructions and rules](#)
- Essay competition
 - [Submit your essay for the prize competition](#)
- Please provide us with some feedback about this online seminar
 - [Seminar feedback question 1](#)
 - [Seminar feedback question 2](#)
 - [Seminar feedback question 3](#)
 - [Seminar feedback discussion forum](#)

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SYMPTOM CLUSTERS: THE NEW FRONTIER IN SYMPTOM MANAGEMENT

Table of Contents

- A. What are symptom clusters? (45 mins)
- B. **Why study symptom clusters? (30 mins)**
- C. Understanding symptom clusters (1 hour 30 mins)
- D. Managing symptom clusters (1 hour)
- E. Approaches to symptom clusters in your setting (3 hours)
- F. Improving approaches to symptom clusters in your setting (3 hours)
- G. Planning for your future (30 mins)
- H. References and resources

Why study symptom clusters?

In this topic, we consider why studying symptom clusters is useful for patient care. This section should take you about 30 minutes to complete.

When patients present, they typically have a range of symptoms. The traditional approach to managing symptoms has been to look at each individually.



Dr Emma Ream explores the reasons for looking at symptoms in clusters rather than as individual symptoms

[Alternative Windows Media version](#) [View summary](#)

| | |
|-----------------------|--|
| Task | What other factors do you think impact on the symptom experience? What factors make symptoms more or less difficult to manage? Write down some notes on your thoughts. |
| Estimated time | 15 minutes |

Read the delegates' views on factors that may impact on the symptom experience

SYMPTOM CLUSTERS: THE NEW FRONTIER IN SYMPTOM MANAGEMENT

Table

- A. What a (45 min)
- B. **Why st cluster (30 min)**
- C. Unders clusters (1 hour)
- D. Managi (1 hour)
- E. Approa clusters (3 hour)
- F. Improv sympto setting (3 hour)
- G. Plannin (30 min)
- H. Referen

European Oncology Nursing Society - Video - Mozilla Firefox

http://www.eonslearning.com/file.php/3/emma04.htm



Dr Emma Ream
King's College London

Transferring data from www.eonslearning.com...

zotero

patient care. This section should take

the traditional approach to managing

clusters rather than as individual

symptom experience? What factors make
te down some notes on your thoughts.

m experience

Outcomes

- Approximately 120 participants registered on the EONS Learning site and worked through the modules
- Very little feedback from participants, but the feedback was positive



Full course

- Radiotherapy – based on materials from PREVENT and EONS 7 conferences
- Tutor-led rather than self-study
- Expectation that participants would share experiences and learn from each other in discussion forums
- Nearly 100 applications for 20 places for pilot course which started in Oct 2010



[Skip to main content](#)

Side-effects of radiotherapy

You are logged in as [Steve Rowett](#): Student ([Return to my normal role](#))

EONS LEARNING ▶ Radiotherapy

[Return to my normal role](#)

Latest News

17 Nov, 18:29
Steve Rowett
More time for the
radiotherapy case studies
[more...](#)

26 Oct, 22:33
Steve Rowett
Final course assessment
and feedback - nearly there!
[more...](#)

18 Oct, 20:16
Steve Rowett
Week 4 - some extra time
[more...](#)

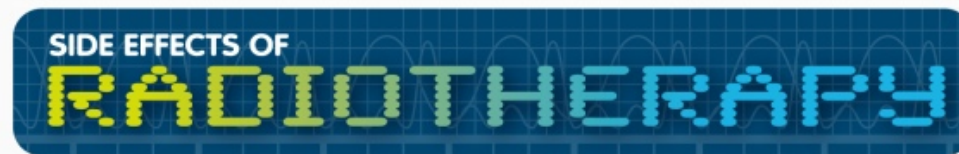
12 Oct, 22:44
Sara Faithfull
Sharing resources [more...](#)

5 Oct, 20:09
Sara Faithfull
Week 3 [more...](#)
[Older topics ...](#)

People

[Participants](#)

Topic outline



[Latest news and announcements about this course](#)

Introductions:

[Welcome and information about this course](#)

[Introduction to topics covered in this course](#)

These discussion forums are here for your general use - feel free to post your questions and comments at any time:

[Your questions, comments and ideas](#)

[Course cafe](#)

1 **Week 1: Understanding radiation and radiotherapy**

In the first week of this course, we will get to know each other a little and find out more about the effects that radiation has on the human body.

[Welcome to week 1](#)

[Task 1.1: Introducing ourselves](#)



1 Week 1: Understanding radiation and radiotherapy

In the first week of this course, we will get to know each other a little and find out more about the effects that radiation has on the human body.

 [Welcome to week 1](#)

 [Task 1.1: Introducing ourselves](#)

 [Task 1.2: Your setting](#)

 [Revision: Introduction to radiotherapy techniques](#)

 [An introduction to radiation biology](#)

 [Latest developments in radiotherapy](#)

 [Task 1.3: Risks](#)

Extra resources for week 1:

 [Useful link: Understanding Radiation Therapy: A Guide for Patients and Families](#)

The following book chapters were published in Faithfull S. and Wells M. (eds), *Supportive Care in Radiotherapy*, Churchill Livingstone, 2003 (ISBN 9780443064869). Copyright Elsevier 2003. They are reproduced with kind permission of Elsevier.

 [Book chapter: Challenges in radiotherapy today \(written by Alastair J Munro\)](#)

 [Book chapter: The radiobiological basis of radiation side effects \(written by Douglas Adamson\)](#)

 [EONS Newsletter Summer 2010: New developments in radiotherapy](#)





The support of radiotherapy patients

by [REDACTED] - Thursday, 23 September 2010, 04:58 PM

The patients in our department is both hospitalised and out-patients. Most patients that need to be hospitalised are staying in our own cancer ward where they get good care from the oncologists. Most of the nurses are also specialised in cancer care.

The out-patients usually get a medical check-up with the oncologist a couple of times during the treatment (depending on diagnosis and number of fractions). It is our gold to have the same staff treating the patient with radiation therapy every day. We therefore get to know the patients well, and are able to follow-up in a day-to-day basis. However, if we find it necessary we discuss problems with an oncologist. We also have a meeting every morning where we can discuss problems that we find difficult.

Every patient with a cancer diagnosis gets the opportunity to talk to a nurse. This could be before the treatment, during the treatment and also as long as needed after the treatment. All relatives also get this offer. The number of consultations is decided by the patient. We have also our own hospital-priest which many of our patients seem to find comforting and helpful to talk to.

[Reply](#)



1. Please rate the following aspects of this course:

| | Average rank | | | | | |
|---|----------------|-----------------|-------------------|-------------|-----------|-----|
| | Not all useful | A little useful | Moderately useful | Very useful | Essential | |
| The video recordings | | | | ■ | | 4.2 |
| The powerpoint slides with voiceovers | | | | ■ | | 4.2 |
| The tasks and activities in the discussion forums | | | | | ■ | 4.5 |
| The additional resources | | | | ■ | | 4.3 |
| Feedback from the subject specialists and tutors | | | | ■ | | 4.0 |
| Feedback from other participants | | | | ■ | | 3.8 |

2. How did you find the course and its impact on your own practice?

| | Average rank | | | | | |
|--|-------------------|----------|----------------------------|-------|----------------|-----|
| | Strongly disagree | Disagree | Neither agree nor disagree | Agree | Strongly agree | |
| I could easily understand the use of English language in this course | | | | ■ | | 4.7 |
| The course materials were easy for me to follow | | | | ■ | | 4.7 |
| I found it easy to find my way around the online course | | | | ■ | | 4.7 |
| I have learnt new approaches to managing side effects in this course | | | | ■ | | 4.5 |
| I have new ideas for developing my own practice as a result of this course | | | | ■ | | 4.7 |
| I would recommend this course to my colleagues | | | | ■ | | 4.7 |

4. What did you *most* like about this course:

| # | Response |
|---|--|
| 1 | Ease of access- I work shift hrs, nights, have kids etc. Could access the material at my convenience which was very useful. |
| 1 | Having such easy access, interaction and valuable constructive feedback with such expertise was great, in terms of tutors as well as engaging with various working streams within the radiotherapy setting. The video clips were excellent again having the opportunity to hear the experts Reflecting on practice , the weekly tasks were necessary to encourage participation so that was also good |
| 1 | I liked the different approaches to learning and the fact that the contributing resources were credible practitioners in this field. It was extremely interesting and easy to navigate the site. It generated effective discussion and really made me think about my own practice and the scope for improvement for the benefit of the patient and carer. I thought the resources were excellent and were very holistic in nature. |
| 1 | It was usefull to read an learn more about the things that affect my daily work. It was also very interesting to read about how other people in other countries works. The two case studies at the end was great. In my opinion, there should be more task like these during the course |
| 1 | To learn more about radiotherapy and thereby use it more in my work. A my work the nurses get a chemotherapy course so we have a tendency when ever there is a side effect/complication we blame in on the chemotherapy, but now I know more about radiotherapy and can therefore use in my work a have a different approach to the side effects. |
| 1 | Video recordings interesting and effective way of communicating information. Very useful links provided for accessing further information. Excellent that it is an international course as ideas can be shared not only across sites but also across countries. |

5. What did you *least* like about this course?

| # | Response |
|---|--|
| 1 | I did not feel it necessary to send all communication to individuals inbox. Although it was interesting to read other participants contributions, this became very time consuming and could make time management difficult. I don't know if anyone else had this problem but if I used my computer at work to complete the tasks, when I pressed the submit button, the page had timed out and the task wasn't accepted. I therefore had to re-do the whole task and re-submit. This never happened at home and so I presume is related to my IT network within my hospital but it might be worth warning people that this can happen when using corporate networks. |
| 1 | I find it easier to follow the material that is written and not so much the videos. It would be better for me if there was more written material I didn't always feel the tutors that gave feedback always understood what I meant. Maybe it's because of my English, However, if something was not clear I hope that they would let me know. |
| 1 | I was told to use about 3 hours a week on this course and I must say I have used about 5 hours a week because it is in English and that a lot of the videos were about 45 min each and when there are 3-4 videos a week it takes more time. I think it was a shame that in some of the videos where the speaker uses overhead you could only see the speaker and not the overhead. I could have used a little more feedback just to let us know that we are on the right track when we answer the assessments. |
| 1 | not much- learnt from it |
| 1 | perhaps the time constraints but again time is a problem for all so I suspect that even if more time was given one would lose momentum - the videos of presentations were so good but there were so many in one week however an extension was given |
| 1 | There was very little I disliked about the course. The only thing I can say is that maybe the deadlines for submission were a bit tight the first 2 weeks as everyone was working and probably doing the course in their own time. Having said that I understand the need for a cut off point and I was able to manage it reasonably well |

6. Please add any additional comments or suggestions

| # | Response |
|---|--|
| 1 | An excellent course which I thoroughly enjoyed and will have significant impact on my clinical practice, The team were very friendly and supportive and you never felt confused or unsure as everything was explained sufficiently Thankyou very much. I would definitely recommend the course to others. |
| 1 | Divide up the case studies one half way through one at the end. |
| 1 | Initially I felt out of my debt starting out on the course as I was worried that I did not have the experience of radiotherapy to be able to particiapate and feedback but that was not as evidient as the weeks progressed and I felt that I learned a lot from all feedbacks - it was difficut to again give the time to reading everyone's responses and feedback but these proved very valuable and this became evident towards the end of the course. |
| 1 | More written material More case studies Since I'm not a nurse but a radiographer, I felt that parts of the course was a little off. Especially when we should tell how we did things in our department. Still, it has been very interesting to participate in this course, and I hope others also get this chance. |
| 1 | Over all I have learned a lot and defiantly something I can use at my work and has made me reflect more, which is always positive. Thank you very much. |
| 1 | Would have been interesting to see the slides in the video presentations as some of them where pictoral and very relevant to what was being discussed. e.g. degrees of skin damage. Excellent course. I have learned a lot. Thankyou. |

Next steps

- Make amendments to radiotherapy course and roll out to next groups
- Survivorship (comes 2011)
- Suggestions for new topics
 - Screening and diagnosis
 - Oral medications management
 - Oncology emergencies
 - Holistic clinical assessment

