



Review of the Society's activities-CARE Strategy

EONS NOVEMBER 2005 – SEPTEMBER 2007

Y. Wengström

EONS General meeting 25 September 2007



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1. COMMUNICATION



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▪ EONS Newsletter

- **Strategic role of EONS News in the *CARE* strategy with input of as much as nurses as possible.**
- **EONS Newsletter is self covering through income from advertising.**
- **EONS Newsletter now available in Italian and fall issue 2007 (ECCO 14) in Spanish.**
- **Forward issues for 2008 and call for papers**



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EONS website (part of Cancerworld)

- **Keep abreast of developments in your society!**
- **Future developments to the website:**
 - **representing the diversity of EONS members with multi-language sections.**
 - **In the future an option for greater interactivity with EONS members through interactive forum.**



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- **European Journal of Oncology Nursing**
 - **Strategic role of the journal in EONS CARE strategy.**
 - **2006: celebration of 10 years of publication through a “virtual special issue”.**
 - **2007 ECCO 14: EJON to sponsor the Award for the best nursing poster.**
 - **2008: EJON to sponsor the EONS Novice Research Award (6th EONS Spring Convention, Zurich, March 2008).**
- **Thanks to members of the editorial team past and present.**
- **Communication: How you can contact us.**



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2. POLITICAL AGENDA

Yvonne Wengström



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ESNO network development 05-07

- ✓ **ESNO consists of associations from both European Nursing Specialist and Nursing Interest Groups.**
- ✓ **A Mission and Vision statement was developed and its principles were presented at EFN GA meeting in Malta April 2006 together with a first draft of a business plan.**
- ✓ **ESNO is an autonomous, interdependent network which is accountable to its member associations.**



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Mission statement

To promote and contribute to the health and wellbeing of people in Europe:

- ❖ **ESNO will facilitate and enable the political voice of nurses, through collaboration with key stakeholders to strengthen the professional status and evidence based practice of nursing speciality.**
- ❖ **Secure the recognition of specialism in nursing in the EU and the greater Europe.**




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Objectives

- **Network for communication and collaboration between European Specialist Nurses Organisations and Specialist Interest Groups.**
- **Promote the recognition of and the professional status of the specialist nurse at the European level.**
- **Represent the interests of the member organisations.**
- **Provide expert advice on issues shaping specialism in nursing.**
- **Promote the development of specialist nursing education, practice and research.**

www.ESNO.org

ESNO

ESNO 
EUROPEAN SPECIALIST NURSES ORGANISATIONS

5.4.2006

Mission Statement	<h2>Home</h2> <p>The goal of <i>European Specialist Nurses Organisations (ESNO)</i> is to facilitate and provide an effective framework for communication, co-operation and co-ordination between the <i>European Specialist Nurses Organisations</i> and <i>The European Specialist Nurses' Interest Groups</i>, in order to represent the mutual interests and benefits of these organizations in relation to and within the <i>European Federation of Nurses (EFN)</i>.</p> <p>Visitors today: 1 - in general: 1.</p>
Member Organizations	
Meetings	
Publications	
Associate member of EFN	
Common:	
Home	



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Cancer United

- **Coalition of patients, patients groups , doctors & nurses, researchers, industry and policy makers leading a pan European campaign.**
- **One vision: equal access to quality cancer care for all patients.**
- **To undertake fact-finding mission on state of cancer care in every member state of the EU.**
- **Present results in 2008 to**
 - **The European parliament.**
 - **The European Commission.**
 - **European Council of Ministers.**



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Executive Board Cancer United

- **Prof. John Smyth, President European Cancer organisation ECCO(former FECS), chair.**
- **Mrs. Ingrid Kössler, President Swedish Breast cancer Association, Co-Chair.**
- **Dr. Matti Aapro, Ex. Director SIOG.**
- **Prof. Alexander Eggermont, Past President EORTC.**
- **Prof. Jean Claude Horiot, Director Centre Georges- François Leclerc.**



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Executive Board Cancer United

- **Mr. Tom Hudson, Europa Uomo.**
- **Prof. Mike Stevens, Past president SIOP.**
- **Prof. Thomas Tursz, Organisation of European Cancer Institutes.**
- **Mrs. Anita Waldman, President Myeloma Euronet.**
- **Mrs. Yvonne Wengström, Past President EONS.**



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Health Equality Europe

- **Informal multi-professional coalition.**
- **1 common aim: to ensure that patient's needs are at the heart of healthcare decision making.**
- **Review of patient's groups' role in health advocacy (April 2006).**
- **Individuals as member, coming from:**
 - **European Patient groups.**
 - **EONS.**
 - **European Primary Care Network.**



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3. RESEARCH



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Research strategy

EONS will collaborate with member societies and key stakeholders to raise the profile of oncology nursing research in Europe. It will have a facilitative role helping other to initiate research through guidance with funding issues, mentoring, publication and dissemination of results.



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■ **Priority Work Areas:**

- **EONS scientific priorities for research.**
- **Sustainable funding resources for research.**
- **Opportunities to exchange knowledge and experiences between European oncology nurses with a focus on research methodology in cancer nursing research.**



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- **2006 – 2007 Short term goals:**
 - **Evaluate the research day at the 2006 spring convention.**
 - **Develop and administer a questionnaire to determine research priorities.**
 - **Develop mentoring grant and negotiate funding.**
 - **Initiate development of a European nursing research network.**



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4. EDUCATION

Sara Faithfull

Sultan Kav

Maria Luisa Munoz



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Accreditation

- **28 courses EONS accredited since 2005.**
- **Update of forms and review processes.**
- **Linking accreditation to education quality standards.**
- **Development of patient education and distance learning materials accreditation.**



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FaCET (2007) document

- **Education development: guide for practice educators and to support curricula.**
- **Summary of EU Bologna educational changes.**
- **Guidance and examples of learning outcomes, competency development and evaluation techniques.**



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Educational update event 28th January 2008, Brussels

Aim:

- 1. To provide an update of EU educational changes related to vocational programmes.**
- 2. Provide critical discussion, sharing and networking on cancer educational activities.**



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**Educational update event
28th January 2008, Brussels**

Benefits for cancer practice educators:

- 1. Share cancer educational issues.**
- 2. Raise awareness of EU vocational educational changes and their impact on cancer courses.**
- 3. Provide links for further educational activities.**



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Database of cancer nurse course providers

- **Web list of accredited EONS courses.**
- **Update current list of post basic providers of cancer education.**
- **Write to institutes (EU list) and NONS to get educational contacts (if any).**
- **Intercollegiate Cancer care: post graduate cancer related educational programmes.**



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Educational projects 2006-2007

Specialist curricula development:

- **Older people with cancer**
- **Breast cancer specialist**
- **BREATHE: respiratory care**

Future:

More specialist areas advancing practice knowledge.



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EONS Education extras

- **E learning educational materials from educational events accessed from web site:**
 - ***Podcasts***
 - ***Video clips***
 - ***Guided learning***
 - ***Interactive discussion events***
 - ***Virtual classrooms***

- **Taster of e-learning as a taster for EONS Spring convention 2008.**



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**BREATHE:
Breathing and Respiratory Education
and Training for cancer Healthcare
professionals E-learning programme.**



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BREATHE: Context

- **Lung cancer- 3rd most commonly diagnosed cancer in the EU (243,600 in 2000).**
- **Most common cause of death from cancer in the EU.**
- **15-70% of patients with advanced cancer have respiratory problems.**
- **Co-morbidity and complexity of symptoms.**



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BREATHE is an education project focusing on the care of people with lung cancer and specifically the management of symptoms in advanced lung cancer.



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Three phases:

- ✓ **Reviewing literature and policy.**
- Identifying resources.
- ✓ **Assessing the learning needs of nurses who manage acute and palliative respiratory symptoms as a result of advanced disease.**
- Training needs analysis
- ✓ **Developing learning resources to help professionals enhance their knowledge and skills.**
-Education resource.



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Questionnaires were distributed via EONS networks.

100 replies were received, including:

- 58 via email**
- 42 via paper copies**

Replies were received from:

- United Kingdom**
- Republic of Ireland**
- Spain**
- Portugal**
- Germany**



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- ✓ **The survey offered useful insights into the background and experience of respondents, level of knowledge and priorities for learning.**
- ✓ **This will provide a useful basis from which to develop the BREATHE Education Programme.**
- ✓ **The potential diversity of the perspectives from which respondents answered should be acknowledged, e.g. variation in treatment regimes.**



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ABOUT THE RESPONDENTS:

- ✓ **Most had years of experience working with lung cancer patients, over 90% for > 2 years and three quarters for > 5 years. 90% had worked with 30 or more individuals.**
- ✓ **Worked in a range of settings, half within Specialist Cancer Services, just under a third in General Hospital and under 10% in patients' homes or Specialist Pulmonology/Lung Centre.**
- ✓ **Just over half worked at giving vital care and support . One third were involved in symptom management. 11% were advanced practitioners or nurse consultants.**



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KNOWLEDGE & SKILLS

- **The knowledge questions were answered correctly by the majority of respondents but the percentage of correct answers to some question was only 63%.**
- **Knowledge on the effects of smoking cessation was particularly lacking, with virtually one third of respondents answering the question incorrectly.**
- **All of the topics listed on the questionnaire were identified as a learning priority and the spread was broad.**



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NURSING PRACTICE

- **The nursing practice of virtually three quarters of respondents is influenced by national guidelines or protocols.**
- **Co-existing disease is recognised as an issue for respondents, particularly chronic obstructive pulmonary disease and cardiovascular problems.**



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LEARNING

- ✓ **83% had undergone education about lung cancer within the last 2 years but 16% had none.**
- ✓ **Preferred learning methods for 75% included some face to face teaching. 40% identifying that pre- and post-course materials would be helpful. 11% would be happy with e-learning and 7% with distance learning.**
- ✓ **84% had access to computers and two thirds had ready access to local clinicians for support with learning. Only 7% had limited or no access.**



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ADDITIONAL COMMENTS

- **Some respondents described aspects of their work or roles.**
- **Some identified the lack of knowledge and skills on lung cancer within their services and the need for BREATHE.**
- **Other priorities for learning identified included family genetics, mesothelioma, patient expectations the roles of different specialist nurses.**
- **Not all were nurses, they included two physiotherapists and an occupational therapist.**



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IMPLICATIONS: RESPONDENTS

- **The BREATHE Education Programme should therefore be applicable to care in a range of settings.**
- **The results confirm that the BREATHE Programme should aim to be accessible to practitioners working at all levels, including fundamental care, but should also offer learning which will be of value to advanced practitioners and nurse consultants.**
- **Despite most of the sample having considerable experience they want, and in some cases need, to enhance their knowledge and skills in this area. Evidence of the need for the BREATHE Programme.**



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IMPLICATIONS: KNOWLEDGE

- **The knowledge questions were structured in order to sample respondent understanding around risk of lung cancer, biology of lung cancer development, spread and staging and how lifestyle specifically smoking behaviour can influence disease progress and treatment outcomes. The responses to the questionnaire suggest that all of these aspects should be integral to the BREATHE Education Programme.**
- **The effects of smoking and smoking cessation were highlighted as a priority area where understanding needs to be enhanced.**



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IMPLICATIONS: SKILLS

- **All skills listed should be included in the Education programme.**
- **Priorities focus around symptom management.**
- ? **offer some fundamental elements or modules, e.g. in the biology of lung cancer, recognising and managing symptoms of lung cancer, supporting people with lung cancer and the range of treatments and interventions.**
- ? **range of 'module' options for advanced level practitioners and nurse consultants who wish to develop particular expertise.**



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SKILLS PRIORITIES

Topic	1-2	3-4
Airways symptoms	68	68
Symptom management	57	62
Pharmacological strategies	47	50
Dealing with emotional issues	44	50
Palliative care	42	50
Fatigue	36	43
Supra vena cava obstruction	28	33



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SKILLS PRIORITIES

Assessment skills	27	34
Pain	22	26
Psychological support	21	29
Radiotherapy and side effects	12	19
infection	12	19
Patient teaching	10	23
Surgical intervention	10	19
Nutrition	8	23



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IMPLICATIONS: LEARNING

The responses identify a need for the BREATHE Education Programme and that the majority of respondents would be able to undertake e-learning, although most would prefer pre- and post-course materials with some face-to-face teaching.



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IMPLICATIONS: LEARNING

- **The programme should include aspects of managing disease which co-exists with lung cancer, particularly among older people, particularly chronic airways disease and cardiovascular problems.**
- **From responses, other elements of the programme should include breathing retraining, improving exercise tolerance, energy conservation, activity management, managing acute symptoms, psychosocial interventions, practice advice such as identifying locally available help and promoting enjoyable pastimes, and also developing a therapeutic relationship with patient and carer.**



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2005- 2007 Action Plan:

- ✓ **Update TITAN 2007 at European and International level (November 2007).**
- ✓ **NOEP.**
- ✓ **TARGET.**
- ✓ **BONE.**
- ✓ **LINK (skeletal wellness).**
- ✓ **Speak UP.**



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- ✓ **European pain in cancer (EPIC) Survey.**
 - ✓ **Cancer Tales – Communicating in cancer care**
- ✓ **GAEA Initiative.**
- ✓ **Guidelines Implementation Toolkit.**
- ✓ **Extravasation Guidelines Taskforce.**
- ✓ **Educational programme on the management of Breast cancer.**
- ✓ **EONS MasterClass 2007, Malta.**



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Update on membership

- **Individual members**
- **National member societies**
- **Associated members**
- **Sustaining members**



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Update on membership

a) Individual members

- **EONS has at this moment 229 individual members.**
- **Main countries:**
 - **64 UK members**
 - **19 Irish members**
 - **13 Belgian members**
 - **11 German members**
- **142 members are subscribed to the EJON.**



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Update on membership

b) National societies

EONS has now 33 nursing societies from 27 countries as full member.

New societies which have joined EONS since November 2005 are:

- ✓ European Nursing Academy for Care of older Persons (ENACO).***
- ✓ United Kingdom Oncology Nursing Society (UKONS).***



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Update on membership

c) Associated members

**In September 2005 EONS had 17
associate members. EONS has at this
moment 20 associate members from 11
different countries.**



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Update on membership c) Associated members

EONS welcomed between November 2005 and September 2007 following institutes as new associate member:

- ✓ ***Groupe de soignants en Oncologie (Luxembourg).***
- ✓ ***Universitätsklinikum Freiburg (Germany).***
- ✓ ***Bildungszentrum Schlump (Germany).***
- ✓ ***Faculty of Health Sport and Science, University of Glamorgan (UK).***
- ✓ ***Departement of Nursing & Midwifery, University of Stirling (UK).***
- ✓ ***Nurse Health Liaison team (UK)***



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Update on membership

d) Sustaining membership

EONS has started with sustained partnership for the Industry in 2004 with 5 sustaining partners. At this moment EONS has 10 sustaining partners.

- ✓ *Amgen (Europe) GmbH-***
- ✓ *AstraZeneca***
- ✓ *Roche Pharmaceuticals***
- ✓ *Merck MSD***
- ✓ *Merck KGaA***
- ✓ *Novartis***
- ✓ *NUTRICIA***
- ✓ *Mundipharma***
- ✓ *TopoTarget***
- ✓ *Sanofi Aventis***