EONS GENERAL MEETING
VIENNA, AUSTRIA

Saturday 26 September
13.00-14.30
Room Lehar 1
Item 1:
Welcome and Introduction

Erik van Muilekom
EONS President
Board: 2013-2015

Erik van Muilekom: President
Daniel Kelly: President Elect
Birgitte Grube: Past President
Cristina Lacerda: Treasurer
Mary Wells: Board Secretary
Paul Trevatt: Communication
Patrick Crombez: Advocacy
Lena Sharp: Research
Andreas Charalambous: Education
EONS Team

Clair Watts: Executive Director
Rudi Briké: Membership & Communications
Mariska Mooijekind: Projects Manager
Loureen Pierce: Book-keeper
Kate Griffin: Newsletter, Web & Social Media
Steve Rowett: E-learning & Web IT
Helen Oswald: Magazine Editor in Chief
Jason Harris: Photography & Design
Jim Boumelha: Production Editor
Catherine Miller: Medical Editor
Building bridges

BRUGGEN BOUWEN

ALS DE BRUG NIET WERKT

ZOU IK OOK EEN TUNNEL GRAVEN

Loesje
Personal reflections

- Joy
- Trust
- It’s a job
  - Manage staff
  - Challenge to control
To focus on our profession and colleagues
Operational changes EONS

- New Tax & VAT directive Belgium
- UK legal status of the organisation

- Change of logo 30th anniversary
ECCO change
Reflections on the last two years

Strategy 2013-2014:
“Supporting developing countries in Europe”.

- EONS 9 Istanbul
- Advisory counsel Budapest
- New Working Group members
- Speakers at congress
Reflections on the last two years

Strategy 2015-2016:
Raise our political voice in Europe

- ECCO Oncopolicy
- During congress Timebomb: The workforce - Monday 13.00
Reflections on the last two years

Strategy 2015-2016:
Raise our political voice in Europe

- Promote participation in work/task groups
- Intensify contacts other Societies
- Work together other societies joint projects
- Invest in strategic partners
34th Congress of the European Society of Surgical Oncology in partnership with BASO 2014

29-31 October 2014
LIVERPOOL | UK

Nursing in Surgical Oncology Track
Developed with the European Oncology Nursing Society (EONS)

Arrive as a nursing professional and leave armed with the latest cutting-edge knowledge to make a difference.

Further information: www.ecco-org.eu/ESSO34
EONS 10: 17-18 October 2016
Challenges

- To guarantee an effective staff for EONS
- Create stable financial situation for the next years
- To be inclusive
Item 2: Minutes of the previous meeting

Erik van Muilekom
Item 3: Approval of Executive Board election result

Clair Watts, EONS Executive Director
Executive Board election results: 2015-2017

Three Board member roles:
President-Elect & Board Secretary & Education

Two voting rounds:
(1) - President-Elect & Board Secretary
(2) - Education

Clear processes developed in advance. Published on website & newsletter & emailed to members.

Details here: www.cancernurse.eu/about_eons/elections
Executive Board election results: 2015-2017

First round:
Votes received from 13 societies & 21 individual members

President-Elect: Lena Sharp (Sweden)

Voting members are invited to confirm the election result
Executive Board election results: 2015-2017

First round:
Votes received from 13 societies & 21 individual members

Board Secretary – Theresa Wiseman (UK)

Voting members are invited to confirm the election result
Executive Board election results: 2015-2017

Second round:
Votes received from 13 societies & 14 individual members

Education: Rebecca Verity (UK)

Voting members are invited to confirm the election result.
Executive Board election results: 2015-2017

Executive Board would like to thank all candidates for generously offering their time to EONS:

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<tbody>
<tr>
<td>Rosario Caruso</td>
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<tr>
<td>Marita Ripo</td>
<td></td>
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</table>
Item 4: Presidential hand-over ceremony
Item 5:
Welcome new Board & Thank departing Board members
Welcome New Board Members

- Lena Sharp (President Elect)
- Theresa Wiseman (Board Secretary)
- Rebecca Verity (Education)
Goodbye & Thank You to departing Board members

- Birgitte Grube (Past President)
- Mary Wells (Board Secretary)
Item 6: President’s strategic direction 2015-2017

Daniel Kelly
Looking Ahead: 3 main areas of focus

Research promotion via the Research Working Group.

Promote leadership for oncology nurses at the local, national and global levels

Young oncology (Teenage and young adult cancer care)
Working for EONS

Financial future - secure opportunities and work collaboratively

Maintain the focus on the membership

Utilise talents on the EONS Board & Working Groups
Share what I do

- President’s blog
- Twitter (@profdkelly)
- Speaking and representing your interests
Item 7: Treasurer’s Report

Cristina Lacerda
Treasurer
Plan

• End of year report FY 2014-15

• Mid-year report FY 2015-16

• Q&A
## Income: 2014-15

<table>
<thead>
<tr>
<th>FY</th>
<th>2014/15</th>
<th>2013/14</th>
<th>2012/13</th>
</tr>
</thead>
<tbody>
<tr>
<td>Membership</td>
<td>42,850</td>
<td>54,315</td>
<td>33,445</td>
</tr>
<tr>
<td>Projects</td>
<td>45,681</td>
<td>127,438</td>
<td>146,942</td>
</tr>
<tr>
<td>Bank interest</td>
<td>7,500</td>
<td>4,742</td>
<td>10,293</td>
</tr>
<tr>
<td>Royalties</td>
<td>1,600</td>
<td>8,503</td>
<td>1,920</td>
</tr>
<tr>
<td>Conferences</td>
<td>15,118</td>
<td>602,051</td>
<td>15,045</td>
</tr>
<tr>
<td>Accreditation</td>
<td>2,000</td>
<td>1,600</td>
<td>4,000</td>
</tr>
<tr>
<td><strong>Total</strong></td>
<td><strong>114,749</strong></td>
<td><strong>798,649</strong></td>
<td><strong>212,859</strong></td>
</tr>
</tbody>
</table>

All figures shown in €
# Expenditure: 2014-15

<table>
<thead>
<tr>
<th>FY</th>
<th>2014/15</th>
<th>2013/14</th>
<th>2012/13</th>
</tr>
</thead>
<tbody>
<tr>
<td>Projects</td>
<td>118,000</td>
<td>90,835</td>
<td>202,105</td>
</tr>
<tr>
<td>Grants &amp; Awards</td>
<td>83,950</td>
<td>72,298</td>
<td>44,640</td>
</tr>
<tr>
<td>Membership services</td>
<td>401,000</td>
<td>398,822</td>
<td>316,215</td>
</tr>
<tr>
<td>Governance</td>
<td>107,000</td>
<td>76,455</td>
<td>40,206</td>
</tr>
<tr>
<td><strong>Total</strong></td>
<td><strong>709,950</strong></td>
<td><strong>638,41</strong></td>
<td><strong>605,351</strong></td>
</tr>
</tbody>
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All figures shown in €

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<tr>
<td>Income</td>
<td>114,749</td>
<td>798,649</td>
<td>212,859</td>
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<tr>
<td>Expenditure</td>
<td>711,450</td>
<td>638,41</td>
<td>605,351</td>
</tr>
<tr>
<td>Nett outgoing/incoming for FY</td>
<td>(596,701)</td>
<td>193,418</td>
<td>(392,492)</td>
</tr>
<tr>
<td><strong>Balance at 31 March</strong></td>
<td><strong>1,220,712</strong></td>
<td><strong>1,027,294</strong></td>
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Outcomes of the Financial Year 2014-15

- Financial report available on website
- Accompanying activity and public benefit report is being developed
- Submission to Charity Commission & publication on website due January
- All financial & activity reports for the past 10 years can be found on the Charity Commission website
Financial Year 2015-16

Annual budget:
-developed before start 1 April 2015

Strategy:
-to seek new income streams & optimise current sources
-continue to review & reduce project costs
-increase shared project development with partner organisations
-be realistic with level of new activity started

Activities & costs:
-being monitored against the plan throughout the year
-mid-year report (April-Sept 2015) discussed at EB meeting (Nov)
No unexpected issues to report - all running as planned
Report: Mid-year status summary for FY 2015-16
Questions?

Thank you
Item 8: Grants and Awards

Lena Sharp
Valentina Biagioli
Awards and Grants

- European nurses
- Members of National societies and/or individual EONS members
- On-line applications

www.cancernurse.eu/awardsgrants
Awards

- **EONS Novice Research Dissemination Award**
  - Winners 2015: Dr. Carolina Chabrera, Spain and Valentina Biagioli, Italy
  - Winners 2016 will be presented at the EONS 10 in Dublin (17-18 October 2016)

- **The EONS Lifetime Achievement Award**
  - The 2015 winner will be presented during the society session
Grants

- **Clinical travel grant 2015**
  - Deadline in August. 16 applications
  - Winners will be announced shortly

- **Translation grants**

- **EONS Research Grant**
  - Deadline September 30!
  - 40 000 EUR

- **Research Travel Grant 2015**
  - Denise Flett, UK and Jincy Joseph, UK
Grants

- Invited Speaker Grant
  - New grant, 2 x 1000 EUR
  - Winners 2015:
    - The Swedish Cancer Nurses Society
    - The Lymphoma Association (as part of the Cancer Nursing Partnership with UKONS)
  - 2016: Call for application now open!
  - Deadline December 1
Propolis for Prevention of Chemo-induced Oral Mucositis in Breast Cancer Patients: A Randomized Controlled Trial

Michela Piredda, Valentina Biagioli, Gabriella Facchinetti, Irina Stan, Giorgia Durante, Bruno Vincenzi, Grazia Armento, Loretta D’Onofrio, Giuseppe Tonini, Maria Grazia De Marinis

Research Unit Nursing Science, Campus Bio-Medico di Roma University

Valentina Biagioli
MSN, RN, PhD student, School of Nursing, Department of Biomedicine and Prevention, Tor Vergata University, Rome, Italy
vale_84b@yahoo.it
Oral mucositis is a major side effect of cytotoxic treatments associated with clinically significant symptoms and increased costs. The incidence of oral mucositis in patients receiving standard chemotherapy regimens for breast cancer ranges 31-70%. The available evidence-based guidelines cannot recommend any effective prophylaxis for this cancer population.

Propolis has reduced:
- **oral ulcers** in 10 patients diagnosed with recurrent aphthous stomatitis\(^1\)
- the severity of **esophagitis** in 17 patients treated with chest radiotherapy\(^2\)
- the severity of **oral mucositis** in 24 patients treated with head and neck radiotherapy\(^3\)

**Aim**

To evaluate Safety, Tolerability and Preliminary Clinical Efficacy of a dry extract of propolis with a minimum 8% of galangin for the prevention of chemo-induced oral mucositis in patients diagnosed of breast cancer.

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Propolis for Prevention of Chemo-induced Oral Mucositis in Breast Cancer Patients: A Randomized Controlled Trial

**Materials and Methods**

60 patients scheduled to receive *Doxorubicin and Cyclophosphamide* in a Teaching Hospital from May 2012 to February 2015 were recruited. All were female, with mean age of 51 years (range: 26-75; SD: 11.4).

**Inclusion Criteria:**
- ≥20 years old
- recently diagnosed of stage I, II or IIIA breast cancer

**Exclusion Criteria:**
- allergy to propolis
- allergy to pollen
- allergic predisposition or atopy
- poor oral health
- recent therapy with antibiotics
- chronic therapy with steroids
- chronic therapy with immune-suppressor drugs

60 eligible patients were randomized to receive:
- A DRY EXTRACT OF PROPOLIS WITH A MINIMUM 8% OF GALANGIN 8-10 MG/KG/DAY + MOUTH RINSING WITH SODIUM BICARBONATE
  (intervention group, n=30)
- MOUTH RINSING WITH SODIUM BICARBONATE
  (control group, n=30)

The intervention lasted 15 days starting on the first day of chemotherapy.

- Severity of oral mucositis was evaluated with the NCI-CTCAE v4.0 at baseline, after 5, 10, 15 and 21 days of treatment (1st cycle of AC).
- Tolerability of propolis, compliance, and adverse events were also recorded.
### Results

- **No patient in the experimental group** developed oral mucositis graded more than G1, while **5 patients (16.67%)** in the control group developed mucositis grade G2 (n=4) or G3 (n=1) with a statistically significant difference (p=0.02; chi-square test=5.455; df=1).

- **Two patients (6.7%)** manifested a **Suspected Skin Reaction** to propolis.

- **5 patients** were partially compliant and 4 were not compliant.

- Propolis resulted **well tolerated** and most patients wished to continue prophylaxis with propolis also during the next cycles.

### Conclusions

- **This one-site pilot study showed** that propolis could be **effective** in the prevention of oral mucositis.

- **Multicentre studies should test the efficacy of propolis on bigger samples.**
Valentina Biagioli
MSN, RN, PhD student, School of Nursing
Department of Biomedicine and Prevention
Tor Vergata University, Rome, Italy
vale_84b@yahoo.it

Thanks for your Attention

Michela Piredda
PhD, MSc, RN, Research Unit Nursing Science
Campus Bio-Medico di Roma University, Rome, Italy
m.piredda@unicampus.it
Item 9:
Activity Update

CARE activities update:
Patrick Crombez & Andreas Charalambous
COMMUNICATION - Listening to and communicating with the European cancer nursing community
Feedback on the previous survey had been received from several Advisory Council members in 2014.

A proposal for a new format and questions including a core set of questions every time, to enable comparisons across years is under construction.
Inclusive Communications (ongoing)

- Develop a survey and to distribute this online to non-oncology nurses in Europe through the EONS National Member Societies
- The purpose of the survey is to identify if there is a need for European non-oncology societies to establish a collaboration with EONS, especially regarding (basic) education programs in oncology
- Facilitated through the national oncology nursing societies
ADVOCACY - Representing the cancer nursing view in the European Arena
RESEARCH - Helping to promote evidence-based oncology nursing
Members of Research Working Group

- Co-chairs: Mary Wells (UK) & Andreas Charalambous (Cyprus)
- Departing chair: Danny Kelly (UK)
- Ulrika Ostlund (Sweden)
- Wendy Oldenmenger (Netherlands)
- Theresa Wiseman (UK)
- Iveta Nohavova (Czech Republic)
- Elizabeth Patiraki (Greece)
- Nuria Domenech (Spain)
- Jorge Freitas (Portugal)
- Lena Sharp (Sweden)
- Mariska Mooijekind (Project Manager - NL)
Summary of activity during the past year

New / recent
- Monthly research updates
- Novice Dissemination award (EONS 9 & ECC 15)
- Change Champions award

Ongoing
- EONS Research Grant
- Research Travel grants
- Research Workshop

Research Workshop Evaluation

<table>
<thead>
<tr>
<th>Response</th>
<th>Details</th>
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<tbody>
<tr>
<td>23/29 participants responded</td>
<td></td>
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<tr>
<td>13/23 (57%) had taken their research proposal further</td>
<td></td>
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<td>3 proposals funded, 9 under development</td>
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<td>21/23 participants said the workshop had contributed to positive changes in their research careers</td>
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<tr>
<td>15/23 (65%) reported that the workshop had positively influenced their research activity ‘quite a lot’ or ‘very much’</td>
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1. Just reading these well-known facts makes me ask a question: have we been doing enough? Are we doing everything we can to prevent young people from starting smoking and to help those who suffer from nicotine addiction? My blunt answer is: probably not.
Plans for forthcoming year

- Research Workshop for EONS PhD students – University of Stirling, Scotland in May 2016
- Review of advanced nursing practice / nurse-led care
- New membership survey
- Research Grant deadline closes 30th September 2015 – watch for announcement of winner!
- Apply for Research Travel Grant!
EDUCATION - To improve knowledge, expertise and personal development in oncology nursing
Members of Education Working Group

- **Anita Margulies**, (Chair), Switzerland
- **Lena Sharp**, EONS Board Member (Chair), Sweden
- Marjana Bernot, Slovenia
- Maria Cable, United Kingdom
- Andreas Charalambous, Cyprus (Research WG)
- Cristina Correia de Lacerda, Portugal
- Patricia Fox, Ireland
- Patrick Jahn, Germany
- Paula Mitchell, United Kingdom
- Erik Van Muilekom, EONS President, The Netherlands
WG Education 2015

- Guidelines and recommendations
  - Putting Evidence into practice (PEPs) x 5
    - Available on line, PDF
    - 5 symptoms
    - 7 languages
  - Fungating wounds
    - Available on line, PDF
- List on free on-line learning resources
  - http://www.cancernurse.eu/education/online_learning.html
WG Education 2015

- EONS Curriculum
  - Downloaded 231 times from 44 countries (June 2015)
  - Update 2016

- EONS/ESO e-Grandrounds
  - Next: Radiodermatitis Nov 12, 2015 (free e-learning session)
  - Welcome suggestions for topics for 2016

- Endorsement
  - EONS endorsing educational events
  - National Member Societies (free!), Pharma
  - On-line process
WG Education 2015

- TCT leadership summit
  - Extremely well evaluated 2014
  - new events planned for 2016 and 2017
- TITAN update
- TARGET update
- EONS Multi-Professional Management of Cancer-Related Pain
Multi-Task?
No Problem!
Item 10:
Upcoming events
Advisory Council meeting:  
26-28 November 2015  
Athens, Greece

EONS-10 Congress:  
17-18 October 2016,  
Dublin, Ireland

ECC 2017 Congress:  
27-30 January 2017  
Amsterdam, The Netherlands
Research Proposal Writing Workshop:

ESO-EONS Masterclass:
12-17 March 2016
Ermatingen, Switzerland
ESO/EONS Masterclass in Oncology Nursing

- 5 days of lectures, workshops, case discussions
- Nurse and physicians, joint and parallel sessions
- Full accommodation and meals are included
- Well evaluated
- Record number of participants 2015
- **Application open for 9th Masterclass 2016!**
  - www.cancernurse.eu/education/masterclass2016.html
  - Deadline December 1
  - 12-17 March Ermatingen (Lake Constance), Switzerland
Quotes from participants 2015

The Master class has completely reignited my passion for oncology nursing....

The most important thing was the opportunity to develop my career as a clinical nurse through the interactive presentations, followed by lively discussions, exposing me to practice care standards....

Through a supportive learning environment we were able to identify possible solutions to complex nursing problems....

Genuinely, this Master class has not only been beneficial for me academically but it also ignited a desire in me personally – to achieve all that I can in my career; to be the best that I can be and to help others to do likewise!
Item 11:
Open discussion forum
Nursing Presidents Reception

WELCOME

Monday
18.00-19.30
EONS Lounge
Item 12:

See you at the next General Meeting in Dublin, October 2016 during the EONS-10 Congress.