## EONS Cancer Nursing Index 2020-2022©

National profile: Iceland

## Introduction

In the <u>RECaN project</u> EONS highlighted important differences in cancer nursing across Europe. The EONS Cancer Nursing Index (ECNI) was developed by the <u>EONS Advocacy Working Group</u> to illustrate the development and status of this profession in Europe. The index (with scores from 0-100) covers the following dimensions: Education and Career Development, Patient and Occupational Safety, Recognition, Working Conditions and Impact and Workforce statistics. The results from the ECNI 2020 have been used to highlight the importance and impact the recognition of European cancer nursing. More information on ECNI 2020 including national profiles for each county could be found here

The ECNI 2022 also include data on staffing levels and cancer nurses' experiences from the covid-19 pandemic. However, these data are not included in the national profiles since no comparison data from 2020 is available. These data will be presented separately.

The ECNI 2022 focuses more on the experiences from the responding cancer nurses' workplaces (rather than the national perspective), allowing for the great regional and local variety indicated in the ECNI 2020 data. The Index is based on data from the following sources:

- 1. EONS Survey on Patient and Occupational Safety (anonymous survey among cancer nurses, 2020 and 2022 respectively)
- 2. Work force statistics (obtained from ec.europe.eu/Eurostat and OECD in 2020). When the ECNI 2022 were completed, no updates had been published so both ECNI 2020 and 2022 include the same scores.

A scoring system was developed to reflect the level of development for the different Index dimensions/items. For items with a variety of responses from the same country, the most frequently reported response was used. The purpose of the Index is primarily not to rank some countries as better than others, moreover to illustrate cancer nursing profiles, differences and areas in need of development. The Index could be used to aid the development of cancer nursing in each country as well as for general European progress.

The ECNI offers a snapshot of the current status in cancer nursing across Europe, reported by the profession. The results largely depend on number of and profiles of responses from each country.

Dimension/item	Maximum score	Mean general score 2022 (min-max)	Score 2020	Score 2022	Comments
OVERALL SCORES	100	55 (19-84)	64	84	
EDUCATION AND CAREER DEVEOPMENT (5 items presented below)	23	10 (0-23)	15	21	
Specialist education on university level	5		5	5	
EONS Cancer Nursing Framework recognized and supported	5		0	3	
Master programs in cancer nursing	4		4	4	
Advanced cancer nursing roles established	5		2	5	
Professors in cancer nursing	4		4	4	
PATIENT AND OCCUPATIONAL SAFETY (8 items presented below)	36	20 (0-33)	30	28	
Safety guidelines (hazardous drugs) available	5		5	5	
Guidelines during pregnancy (hazardous drugs)	5		2		Various responses for 2022 To obtain the highest scores (5) for this item all responding nurses should have reported that guidelines are in place at all workplaces.
Pregnant and /or breastfeeding women assigned other tasks that don't involve direct contact with cytotoxic/radioactive drugs	5		5	2	'Sometimes' To obtain the highest scores (5) for this item all responding nurses should have reported that pregnant/breast feeding

					women are forbidden to
					perform task with risks for
					exposure to cytotoxic/radioactive drugs at
					all workplaces.
Contamostic testing for a second in all contamos	2		2	1	
Systematic testing for occupational exposure			3	1	'Rarely'
(surface swipes)					To receive highest possible
					scores (3) for this item, all responding nurses should have
					reported that testing is
					systematically implemented at
					all workplaces.
Speak-up or whistle blower policy implemented for	3		0	3	an workplaces.
all members of staff				J	
Access to cytotoxic spillage kit and PPE	5		5	5	
Formal training before administering cytotoxic	5		5	5	
drugs					
Nurses not preparing cytotoxic drugs	5		5	5	
WORKING CONDITIONS AND THE IMPACT ON	20	14 (9-17)	14	17	
CANCER CARE (4 items presented below)					
Level of adherence to European Working Time	5		4	4	
Directive (EWTD)					
Risk of negative consequences if asking for	5		5	5	
alternative duties pregnancy/breast feeding					
To what extent hospital beds are closed due to	5		5	4	
cancer nursing shortages					
To what extent cancer treatments were delayed			0	4	
due to cancer nursing					
RECOGNITION (4 items presented below)	18	10 (0-15)	11	15	
Does the country have a cancer nursing society?	5		5	5	
Does the country have a national cancer plan that			3	3	
includes nursing care?					
Does your workplace/center have Board positions	5		1	5	
dedicated for cancer nursing?					
To what extent is nurse-led cancer care	5		2	2	
implemented in your workplace/center?					
WORK FORCE STATISTICS (1 item)	3	1 (0-3)	3	3	
Number of practicing nurses/1000 citizens			3	3	
(www.europe.eu/Eurostat and OECD)					

## Strengths and recommendations for improvements

Overall, Iceland (total score 84) received the highest score in the Cancer Nursing Index 2022. Congratulations! Iceland was the only country which total score was above 80.

Cancer nursing in Iceland improved from 2020 to 2022 in several ECNI dimensions. Higher scores were reported for Education and Career Development, since EONS Cancer Nursing Education Framework became better well-known and also that advanced cancer nursing roles were reported to be established and recognised on national level.

Scoring for Patient and Occupational Safety decreased in ECNI2022, nevertheless, it remains one of the highest scores for this dimension. Iceland would have completed Patient and Occupational Safety with maximum scores, if all responding nurses reported that swipe testing for occupational exposure were performed systematically and general guidelines for handling hazardous drugs and specific guidelines for reducing the risks of exposure during planned/pregnancy/breast feeding were reported to be fully implemented.

Finally, if nurse-led cancer care were implemented and recognized on a national level, the scores would also be higher.