The RECaN project

Results from phase 1 Systematic review & metaanalysis



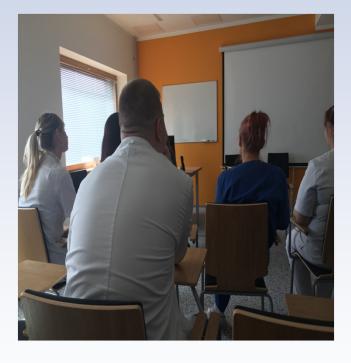
DISCLOSURE SLIDE

There are no disclosures of interest to declare



RECaN project

1. Systematic review of published cancer nursing trials.



- Data collection from leaders, cancer nurses and managers in four country on roles, working conditions, education, leadership, communication and safety
- 3. Work with EU / national policy makers to explore & address issues raised; all EONS working groups, strong Advocacy focus.



Recognising European Cancer Nursing

Phase 1 now complete:

Informing Practice and Policy Worldwide through Research and Scholarship

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PROTOCOL

Recognizing European cancer nursing: Protocol for a systematic review and meta-analysis of the evidence of effectiveness and value of cancer nursing

Pauline Campbell, Claire Torrens, Daniel Kelly, Andreas Charalambous, Nuria Domenech-Climent, Iveta Nohavova, Ulrika Östlund, Elisabeth Patiraki, David Salisbury, Lena Sharp, Theresa Wiseman, Wendy Oldenmenger, Mary Wells ⊠ First published: 25 August 2017 Full publication history DOI: 10.1111/jan.13392 View/save citation



Aims of RECaN Phase 1

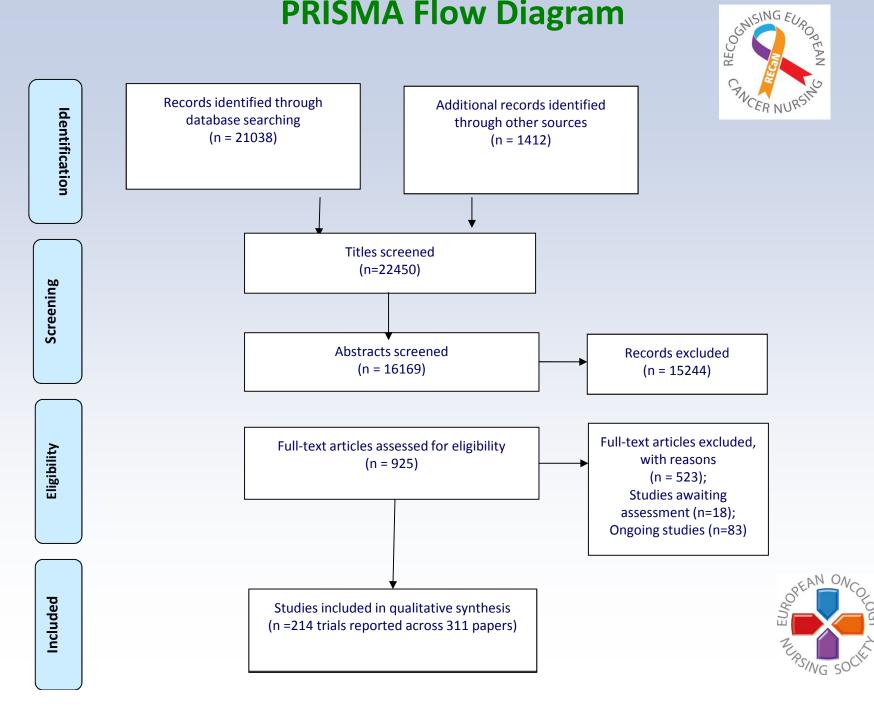


- To systematically identify the roles and types of intervention activities currently undertaken by cancer nurses
- To determine the effectiveness and cost-effectiveness of interventions delivered by cancer nurses in improving the experience and outcomes of people with cancer





PRISMA Flow Diagram



Origin of cancer nursing trials

15

39

143

Austria 2 Belgium 2 **Denmark 8** Finland 1 France 2 Germany 9 Ireland 1 Israel 1 Italy 2 Netherlands 27 Norway 4 Spain 4 Sweden 13 Switzerland 4 Turkey 4 UK 59

18

117

CUNSING EUROP

RURSING SOCIE

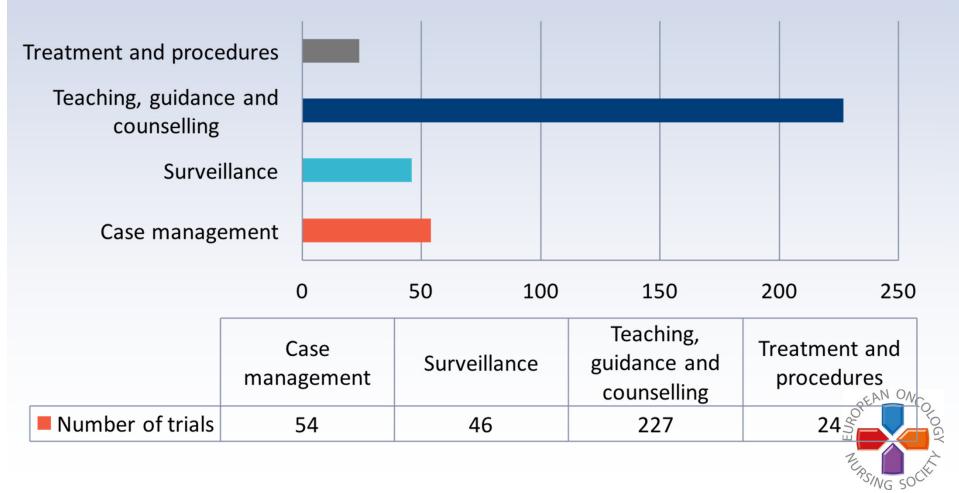
Focus within cancer care continuum





Nature of intervention - OMAHA

OMAHA categories



Focus within cancer care continuum





Main component of cancer nursing interventions

Education (patients and nurses) Assessment Self-management Supportive care Psychosocial support Signs and symptoms NN O 10 20 30 40 50 60 70 0 **OMAHA** 75+ tasks

Number of trials

Focus within cancer care continuum



Meta-analysis

The statistical analysis of a large collection of analysis results from individual studies for the purpose of integrating the findings.

Using Cochrane & PRISMA methods

Haidich (2010) Meta-analysis in medical research. *Hippokratia* 14: 29-37.



Meta-analysis of effectiveness

Effectiveness & cost-effectiveness were our focus.

We assessed the quality of published studies by looking at issues of bias (e.g. selection bias, performance bias & detection bias)

Also quality of trial evidence (e.g. limitations, inconsistency of results, imprecision)



Key findings 1

No high grade evidence of benefit Moderate grade evidence for cancer nurse led interventions inc. pain, N&V & constipation. Low grade evidence on QoL, fatigue, psychological morbidity No evidence of harm On EORTC-30 greater benefit on role function domain in tx phase Small no of trials evaluated costs, majority of these supported some benefit.



Key findings 2

Heterogeneity & lack of consistent outcome measures Usual care poorly defined Some trials may have been missed Some compare nursing with another discipline's effectiveness - we only compared with usual care Identity of lead researcher as a nurse not always clear.

Take home messages

First study to take such a universal approach

Indicates the issues cancer nurses want to improve for patients via nurse-led trials

Need to improve quality and reporting in the future

Gaps in the cancers/practice issues that we do not address

Focussing on tx & costs brings benefit



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EONS Research Working Group



Publications to date

Campbell P, Torrens, C, Kelly D, Charalambous A, Domenench-Climent N, Novahova I, Ostlund U, Oldenmenger W, Patiraki E, Salisbury D, Sharp L, Wiseman T, Wells M (2017) Recognising European Cancer Nursing: Protocol for a systematic review and meta-analysis of the evidence of effectiveness and value of cancer nursing. *Journal of Advanced Nursing*. 73: 3144-3153.

Charalambous A, Wells M, Campbell P, Torrens C, Ostlund U, Oldenmenger W, Patiraki E, Sharp L, Novahova I, Domenench-Climent N, Eicher M, Farrel C, Larrson M, Olsson, C, Simpson M, Wiseman T, Kelly D (2018) A scoping review of trials of interventions led or delivered by cancer nurses. *International Journal of Nursing Studies.* 86: 36-43.

